

## Colorado Springs, CO Chapter Article for Officer Review Magazine

### TITLE: Mt. Carmel Veterans Service Center

The Colorado Springs (COS), Colorado Chapter of MOWW held its monthly membership meeting on 18 May and welcomed Mr. Troy Smith, Mt. Carmel's Director of Development and Fundraising. His presentation focused on how the non-profit supports local veterans in three primary service areas. The first service area, Transition and Employment, assists transitioning service members, veterans of all eras, and their family members in gaining meaningful employment, with emphasis on support for military spouses. The next support area is Health and Wellness services for individual, group and couples therapy, no-cost therapeutic retreats, and therapies including trauma-focused yoga, PTS-focused art and photo therapy, tai-chi and more. The final support area, Military, Veteran, and Family Services, offers a "hand-up" to veterans and their family members who are in crisis. Working with national and community partners, the goal is to help the veteran stabilize their life through access to the wellness and career services Mt. Carmel provides. Mt. Carmel has impacted the lives of nearly 110,000 veterans within El Paso County, CO, regardless of discharge status, and services active duty military at the four military installations in the area.



*COL Shambach (right), COS Commander, presents Mr. Troy Smith (left) with a Certificate of Appreciation*